



The Connection to Resources for Older Iowans

## **Emergency Meals Available to Seniors in your community**

Connections Area Agency on Aging is dedicated to keeping the senior population safe amid COVID-19. If you are or know of a senior in need of meals, please contact our office at:

**(800) 432-9209.**

We offer frozen and shelf-stable meals that will be delivered to the senior's door. These meals can be ordered in increments of 5 and delivered on a weekly or bi-weekly basis. Care packs are also available which includes toilet paper, paper towels and other non perishable food items.

We take the safety of our team and seniors very seriously and all items be prepared and delivered out by individuals using face masks and gloves and utilizing the 6-foot distance rule.

For more information, please contact  
**(800-432-9209)** or  
Visit [www.connectionsaaa.org](http://www.connectionsaaa.org)